

Summer
2009 Series

HEALING GROUPS for Women Survivors of Childhood Sexual Abuse

16-week group beginning summer 2009

Meeting in a private, confidential location in the Pikesville area

From Survivor to Thriver: Building Coping Strategies

Thursdays, 6:00 - 7:30 p.m.

Group will explore themes such as:

- self care
- setting healthy boundaries
- recognizing and dealing with triggers
- relationships and trust
- intimacy and sexuality
- spirituality

Participants will shift their worldview from fear to confidence while expanding their coping strategies and learning how to value and care for themselves.

FACILITATOR: **CHRIS CRONIN**, LCSW-C, A THERAPIST WITH MANY YEARS OF EXPERIENCE ADDRESSING WOMEN'S ISSUES AND TRAUMA

To make a referral or to discuss participation and group fees,
please call **Chris Cronin at 410-843-7440**.



Jewish Community Services



The Shofar Coalition
Collaborative Response to Childhood Trauma
in the Baltimore Jewish Community



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THE ASSOCIATED

CO-SPONSORED BY JEWISH COMMUNITY SERVICES AND THE SHOFAR COALITION.
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Note: Another group, SURVIVORS IN RECOVERY, is currently being held the first Monday of every month at a private, confidential location. This is a co-ed group. For further information, contact Joan Kristall, LCSW-C at 410-843-7576. All calls are strictly confidential.